

*Alexandria T. Smith, Ph.D., NCC, LPC, CACI, LAC*

100 Gateway Corporate Blvd. Columbia, SC 29203

(803) 699-0900

asmithglenn62@webster.edu

**EDUCATION Ph.D.**, University of South Carolina, Columbia SC

Major: **Counselor Education**, May 2007

**M.Ed.**, University of Georgia, Athens GA

Major: **Guidance and Counseling**, Emphasis in Community Counseling, May 2001

**BA**, University of North Carolina at Charlotte, Charlotte NC

Majors: **Psychology and Criminal Justice**, May 1999

**ACADEMIC ADMINISTRATION EXPERIENCE**

2013-Present **Full-Time Faculty**, Webster University, Columbia, SC

- Teaches Counseling Learning Practicum and Internship Courses
- Participate on the Curriculum and Assessment Committees
- Provide Academic Advising to Counseling Students
- Participate on the Advising and Online Committees
- Developed COUN 5640 online course
- Attend faculty meetings
- Engage in research

2009-Present **Counseling Program Coordinator**, Webster University, Columbia SC

- Acted as a liaison between the university and practicum and internship site supervisors
- Approved practicum and internship sites for student registration
- Taught Counseling Learning Practicum and Internship Courses
- Facilitated the admissions group orientation process
- Supervised Counseling Program Adjunct Faculty
- Developed yearly program course schedule
- Coordinated program admission procedures
- Recruited qualified Counselor Educators
- Facilitated the Practicum Orientation
- Conducted academic advising sessions

## MANAGEMENT EXPERIENCE

2013-Present     **South Carolina State Counseling Coordinator**, Webster University, SC

- Facilitate the consistent implementation of program requirements for statewide quality assurance
- Analyzed alumni data for South Carolina Campuses for the 2014-2015 academic year
- Approve adjunct instructors for teaching positions at the four local campuses
- Act as a liaison between the main campus and four local campuses
- Address student issues as they arise across campuses
- Chair of the Search Committee for Full-Time Faculty

2007-2009       **Director of Crisis Services**, Sexual Trauma Services of the Midlands, Columbia SC

- Provided direct supervision to the Sexual Assault Services Coordinator
- Provided direct supervision to the Advocate Counselor
- Maintained compliance with grant requirements
- Developed and deliver community presentations
- Participated in the after hour on call rotation
- Completed annual grant reporting activities
- Facilitated weekly Clinical Team Meetings
- Conducted individual counseling sessions
- Facilitated weekly Crisis Team Meetings
- Screened potential Volunteer Advocates
- Completed psychosocial assessments
- Provided hospital accompaniments
- Provided crisis intervention
- Maintained client database
- Answered the crisis line
- Reviewed client files

## TEACHING EXPERIENCE

2007             **Instructor**, University of South Carolina, Columbia SC

- Provided teaching assistance for an Advanced Transcultural Course (EDCE 820)
- Initiated feedback on students' course work and assignments
- Facilitated group discussions on relevant course topics
- Presented course material

2006             **Instructor**, University of South Carolina, Columbia SC

- Facilitated a First Year Experience Course (University 101) for freshmen students
- Provided students with resources for study skills, time management, and wellness
- Guided group discussions related to a successful transition into college life
- Exposed students to cultural experiences and community service activities

2006             **Instructor**, University of South Carolina, Columbia SC

- Co-facilitated a Counseling Theories Course (EDCE 720) for Ed.S. students
- Conducted research on a creative teaching strategy used in the course (Transparent Counseling)

- Presented course material and generated class discussions on counseling theory ▪  
Demonstrated the use of counseling theories through role plays

2005-2006      **Instructor**, University of South Carolina, Columbia SC

- Co-facilitated an Introduction to Communication Skills Course (EDCE 600)
- Evaluated and provided feedback on students' demonstration of the skills
- Provided instruction for students using the microskills approach
- Generated class discussion on the course material
- Created weekly lesson plans
- Developed course syllabus

### CLINICAL SUPERVISION EXPERIENCE

2007              **Group Counseling Observer**, University of South Carolina, Columbia, SC

- Acted as a process observer for an Ed.S. group counseling course (EDCE 601)
- Provided feedback on the group counseling process for Ed.S. students
- Completed weekly written summaries of the group's progress

2006              **Clinical Supervisor**, University of South Carolina, Columbia, SC

- Provided clinical supervision for Ed.S. students
- Worked with students on counseling theory application
- Critiqued and assessed students' counseling skill growth
- Reviewed audiotapes and videotapes of students' counseling sessions
- Assisted students with case conceptualization
- Evaluated client case notes

### COUNSELING EXPERIENCE

2005              **Counseling Practicum Student**, Epworth Children's Home, Columbia SC

- Facilitated family therapy sessions for residents of the facility and their families
- Completed weekly progress notes and case conceptualization forms on counseling services rendered to clients and their families
- Provided case management services on behalf of clients and their families

2001-2004      **Clinical Counselor**, William J. McCord Adolescent Treatment Facility, Orangeburg SC

- Performed individual, family, and group counseling along with case management for clients
- Developed and facilitated Emotional Control and Personal Power Groups
- Assessed adolescents for alcohol and other drug abuse treatment needs
- Worked with clients to develop treatment plan goals and objectives ▪      Provided clinical assistance for fellow clinicians

- 2001                    **Counseling Intern**, G.I.R.L.S. Project (Gaining Insight into Relationships for Life Long Success), Athens GA
- Co-facilitated group counseling sessions for adolescent girls on issues related to career goals, anger management, alcohol and other drug use, grief and loss, and teen pregnancy
  - Administered and scored psychological measures for research data collection
  - Organized data collection of teacher evaluations and clients' school records
  - Served as a liaison between the project and area schools

- 2000                    **Counseling Intern**, Juvenile Counseling and Assessment Program (JCAP), Athens GA
- Facilitated group counseling sessions on anger management, drug and alcohol use, family relations, and an array of other issues concerning juvenile offenders
  - Provided individual counseling for juvenile offenders who were on probation, and detained at the Regional Youth Detention Center
  - Administered and scored various psychological measures

#### ACADEMIC ASSISTANTSHIP POSITIONS

- 2005-2007            Continuing Education Credit Programs at the University of South Carolina, Columbia SC
- Empowered students with information regarding academic opportunities
  - Facilitated staff training for new graduate assistants
  - Assisted students with registration procedures
  - Provided academic advising for students

- 2004                    Counselor Education Department at the University of South Carolina, Columbia SC
- Conducted literature reviews on topics related to the field of Counselor Education
  - Worked with administrative assistant on completing quality assurance tasks
  - Partnered with professors in class preparation and organizing course materials
  - Provided feedback on progress notes for Ed.S. internship students    ▪ Assisted faculty with research projects and tasks

- 2000                    Academic Learning Center at the University of Georgia, Athens GA
- Administered the Keirsey Personality Inventory and the Georgia Career Information System Inventory to students and assisted them with interpreting the results
  - Facilitated weekly academic programs for students on time management, relaxation skills, test anxiety, and study skills
  - Worked with students on an individual basis to address academic concerns and difficulties

- 1998                    Psychology Department at the University of North Carolina, Charlotte NC
- Advised psychology students on university degree requirements    ▪ Assisted students with preparing for a career path in Psychology
  - Provided information sources pertaining to graduate school

## RESEARCH INTERESTS

Alcohol and Other Drug Abuse Counseling, Counseling Supervision, Counselor Education, Feminist Theory, Multicultural Counseling

## MANUSCRIPTS

- Smith, A., & George, R. (In press). Black girl glare. In Culbreth, D., Jung, J., & Murti, L. (Eds.), *Our voices our stories: An anthology of writings advancing, celebrating, embracing and empowering girls and women of color*. Jersey City, NJ: Complexity Publishing, Inc.
- George, R., & Smith, A. (In press). How I got over: Tales of triumph and truth from black women educators. In Jefferies, R. (Ed.), *Queen Mothers: Articulating the spirit of black women teacher leaders*. Charlotte, NC: Information Age Publishing Inc.
- Colistra, A., & Smith, A. (2017). Patterns of Loss and Grief in Treating Alcohol Use Disorders: An Integration of 12 Steps and Stages of Grief Approaches. *Alcoholism Treatment Quarterly* 35 (2), 179-182.
- Smith, A.T. (2015). Career choice influences: The self-efficacy profiles of counseling students. *VISTAS 2015*. <http://www.counseling.org/docs/default-source/vistas/career-choice-influences-the-self-efficacy-profiles-of-counseling-students>
- Dollarhide, C.T., Smith, A.T., Lemberger, M.E. (2007). Counseling made transparent: Pedagogy for a counseling theories class. *Counselor Education and Supervision*, 46 (4), 242-253.
- Dollarhide, C.T., Smith, A.T., Lemberger, M.E. (2007). Critical incidents in the development of supportive principals: Facilitating school counselor-principal relationships. *Professional School Counseling*, 10 (4), 360-369.
- Smith, A.T. (2007). Feminist family counseling: The past, present, and future waves of family feminism. *African American Professors Program 2007 Monograph Series*, 159-172.
- Smith, A.T. (2006). An integrated approach to counselor supervision: The discrimination model from the feminist perspective. *African American Professors Program 2006 Monograph Series*, 142-154.

## PRESENTATIONS

- 2019 "Black Girl Glare: Uplifting and Edifying Your Sister" Cross Cultural Counseling and Education Conference for Research, Action, and Change in Savannah, Georgia
- 2018 "Get Out Survival Guide: Transcending from your sunken place" Cross Cultural Counseling and Education Conference for Research, Action, and Change in Savannah, Georgia
- 2017 "Guide to Creating Your Happy" South Carolina Counseling Association Conference in Isle of Palms, South Carolina
- 2016 "Mindfulness Moments: Managing Micro-Aggressions with Innovation Interventions" American Counseling Association Conference in Montreal, Canada
- 2016 "A Recipe for Preparing Self-Care to Avoid BURNING Out" South Carolina Counseling Association Conference in Hilton Head, South Carolina
- 2015 "Counseling outside of Comfort Zones: Andragogy to empower students with the art of maintaining their own values while embracing their clients" Association for Counselor Education and Supervision Conference in Philadelphia, Pennsylvania
- 2008 "Transparent Counseling Pedagogy: A Strategy for Teaching Clinical Thinking" American Counseling Association Annual Convention in Honolulu, Hawaii
- 2007 "Guided Imagery: A Path to Wellness" American Counseling Association Annual Convention in Detroit, Michigan

- 2006 "Developing an Identity as a Researcher: Surviving the First Three Chapters" Southern Association for Counselor Education and Supervision Conference in Orlando, Florida
- 2006 "A Qualitative Study into Critical Incidents in the Development of Supportive Principals: Insights for Educating School Counselors" Southern Association for Counselor Education and Supervision Conference in Orlando, Florida
- 2005 "Three Faces of Depression in Adolescence: Suicide, Alcohol and Drug Use, and Aggression" South Carolina Counseling Association 41<sup>st</sup> Annual Convention in Myrtle Beach, South Carolina
- 2001 "A Group Treatment Model for Working with Female Juvenile Offenders" American Psychological Association-Division 17 Conference in Houston, Texas
- 2001 "A Group Treatment Model for Working with Female Juvenile Offenders" 47<sup>th</sup> Annual Southeastern Psychological Association Conference in Atlanta, Georgia
- 1999 "False Memories: Can False Memories be Planted in a Person's Mind?" Thirteenth National Conference on Undergraduate Research in Rochester, New York
- 1998 "False Memories: Can False Memories Be Planted in a Person's Mind?" Fourth Annual McNair Scholars Conference in Knoxville, Tennessee
- 1998 "False Memories: Can False Memories Be Planted in a Person's Mind?" McNair Student Colloquium in Charlotte, North Carolina

#### **AWARDS**

- 2016 Webster University Global Leadership Academy
- 2012 Leadership Columbia
- 2007 Outstanding Achievement and Student Triumph Award
- 2006 African American Professors Program
- 2006 Chi Sigma Iota Honors Society (Secretary)
- 1998 Chancellor's List
- 1998 McNair Scholar
- 1998 Psi Chi Honors Society
- 1998 Alpha Phi Omega Honors Society (Vice President)
- 1997 Dean's List

#### **PROFESSIONAL MEMBERSHIPS**

- ❖ 2016-2017 Secretary for the South Carolina Counseling Association-SCCA
- ❖ 2009 Empty Plate Chair for the ACA Division, Counseling Association for Humanistic Education and Development (C-AHEAD)
- ❖ National Association of Alcoholism and Drug Abuse Counselors
- ❖ American Counseling Association - ACA